



EDUCATIONAL SUPPORT GROUP FOR PARENTS

are you concerned about your
teenager or young adult?



**Family Recovery
Specialists**

ARE YOU THE PARENT OF A TEENAGER OR YOUNG ADULT?

DO YOU HAVE CONCERNS RELATED TO:

- Experimentation with alcohol or drugs
- Cyber Safety
- Breaking home rules/defiance
- Struggling in school or decrease in overall motivation
- Poor choices related to peers
- Risky decision-making or poor judgment

If you answered yes to one or more of these questions, we invite you to spend the first Friday of every month from 6:00 to 7:30 pm with a team of experts who have dedicated themselves to helping families struggling with these issues and more. Come join us in a very intimate, relaxed and informative setting where we can discuss your concerns and offer practical advice that could change your life.

The team at Family Recovery Specialists has been working with teens, young adults and families for nearly 20 years. We have coached thousands of parents on ways to intervene with their children and be more effective parents. We want to empower you through education and support to deal with the many challenging issues that all parents face raising children today. Also, we want to help you support the young person in your life to make the transition from adolescence to adulthood without falling into the many traps that our kids are faced with. This is a period of life when the social pressures are quite powerful and yet, parents can still be the most important influence in the lives of our young people. Come learn how to set appropriate limits, communicate with your kids more effectively and support them to make better choices in life!

THIS GROUP IS OPEN TO ANYONE IN THE COMMUNITY AND IS FREE OF CHARGE. WE HOPE YOU WILL JOIN US ON THE FIRST FRIDAY OF EVERY MONTH FROM 6:00 TO 7:30 PM IN OUR OUTPATIENT OFFICES.



Family Recovery
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